

Come dine with us

ON

AND JOIN IN OUR

Be kind day



Be positive

Make someone laugh

Spread joy

Share a smile

Be kind

Be nice

Serving **good mood food** and encouraging you to make **small acts of kindness** throughout the day ... from **helping** teachers and friends to **making 1 people laugh** and smile.

Listen

Show you care

Motivate others

Smile

Ask - are you ok?

IF WE ALL *do small things,*
WE CAN *spread* A LOT OF

kindness!