



**National School
Meals Week 2023
6-10 November**

**NATIONAL SCHOOL
MEALS WEEK**

30th
Birthday
Celebrations

Dear **MP**

This year the Children's Food Campaign at Sustain has teamed up with LACA for National School Meals Week (NSMW) 6th - 10th November 2023, celebrating all that is good about school food. As part of the week, all schools are being encouraged to invite their local MP or other VIPs to join them for lunch, especially on Friday 10 November when LACA celebrates its 30th anniversary of the event.

The Children's Food Campaign encourages all MPs to take up this opportunity to meet pupils, teachers and caterers, enjoy a school lunch and also discuss the benefits of healthy school food, and where and how national school meals policies could be improved. We have worked with LACA to create this short guide to help stimulate a useful conversation.

Suggested questions for MPs/VIPs to ask pupils

1. Do you enjoy eating together with your friends?
2. Why is having school lunch important to you?
3. What do you enjoy most about your school lunch?
4. What would you think about all children being able to have a school lunch together?
5. If you were Prime Minister for the day, what would you do about school meals?

Questions to ask catering staff and lunchtime supervisors

1. How do you find working in school kitchens / dining rooms?
2. What is the most rewarding part of your job?
3. If you could change something to improve the school food service, what would it be?
4. If you could change one thing about school food what would it be?
5. Have you seen school meals change? And any change in who is eating them?
6. If you were Prime Minister for the day, what would you do about school meals?

Questions for school leaders

1. What do you see as the main benefits of a decent hot meal for your school children?
2. How many children are eligible for Free School Meals? What changes have you witnessed over recent years?
3. What is your experience of administering the existing Free School Meal arrangements? What is currently working well, and what challenges do you have in delivering healthy, hot meals in this school?
4. If you were Prime Minister or the Education Secretary for the day, what would you do about school meals?
5. As your MP, what's the most important message you'd like me to take back to Parliament or the Government in relation to the future for school food?



**Children's Food
Campaign**

Contact oliver@sustainweb.org for more on our
www.schoolfoodforall.org campaign